



LIFE

UNIVERSITY

Course Syllabus

Growing the Disciple Heart

Term: 2022-2023

Day/Time: Sundays at 10:00am

Facilitator: Elder Bruce Thomas
bathomascoaching@gmail.com

Location: Room 102 and via Zoom

Description:

Growing in Christ is a journey—a lifelong journey—but what does that look like? ***Growing the Disciple Heart*** follows an intentional one-year plan for discipleship to ensure progress on the pathway to becoming more like Christ. This interactive study encourages the growth of a Christ-centered Christian character. Participants will examine Scriptures, analyze video clips, share testimonies, and participate in group discussions to enable Christians to apply the character and attitude that Jesus taught and modelled.

Course Objectives:

- Enable Christians to apply the character and attitude that Jesus taught and modelled.
- Help participants meet God in personal reflection and help apply Scriptures in all aspects of life.
- Apply lessons learned as a stirring exhortation to fruitfulness, genuine faith and heartfelt obedience.

Fall Schedule

Part 1: Living Out Your Faith: Participants will study the book of James. Faith is not something that applies only to what we believe. Even as James pointed out, our faith is evident in what we do in all aspects of life. Our lives are to be lives of service, and it is through such service that we put our faith on display.

Lesson 1	Faith on Display in Hard Times // James 1:1-12
Lesson 2	Faith on Display in Your Relationships // James 2:1-13
Lesson 3	Faith on Display in Your Actions // James 2:14-26
Lesson 4	Faith on Display in Your Conversations // James 3:1-5a,9-10,13-18
Lesson 5	Faith on Display in Facing the Enemy // James 4:1-10
Lesson 6	Faith on Display in Your Priorities // James 4:13-17; 5:7-11

Winter Schedule

Part 2: How to Discern the Voice of God: We're going to ask six questions, and with these questions we'll examine God's Word and learn to separate what God is saying to us from the voices in the world calling for our attention.

Lesson 1:	Does It Agree with the Bible?
Lesson 2:	Does It Bring Conviction?
Lesson 3:	Does It Call You to Trust God?
Lesson 4:	Does It Align with God's Character?
Lesson 5:	Does It Honor God?
Lesson 6:	Does It Lead You to Be More Like Jesus?

Spring Schedule

Part 3a: My Encounter with Jesus: We are going to see what happens when people encounter Jesus in their moment of need. He reached out to a woman alone at a well, healed a man born blind, showed compassion to a woman caught in sin, and willingly died on a cross and was raised from the dead to meet our greatest need. Jesus was always meeting and transforming people just when they needed Him most. Transformation happens as we encounter Jesus.

Session 1	Jesus Met My Greatest Need // John 4:7-18,25-26
Session 2	Jesus Restored My Life // John 5:2-11,19-21
Session 3	Jesus Gave Me Grace and Forgiveness // John 8:2-11
Session 4	Jesus Opened My Eyes to the Truth // John 9:1-7,32-33,35-38
Session 5	Jesus Died for Me // John 19:16-19,8-30,38-42
Session 6	Jesus Rose Again to Give Me Life // John 20:1-2,11-18

Part 3b: Dealing with Temptation: We can stand strong in the face of temptation. How do we defend ourselves against the schemes of the devil? In these six sessions, we will consider how to deal with temptation and sin. We'll discover how to stand our ground, avoid sin, live faithfully for God, and live lives that please Him.

Session 1	The Source of Temptation // James 1:13-18
Session 2	The Temptation to Rely on Myself Instead of God // Deuteronomy 8:2-10; Matthew 4:1-4
Session 3	The Temptation to Test God // Deuteronomy 6:16-25; Matthew 4:5-7
Session 4	The Temptation to Place Something Else Before God // Deuteronomy 6:10-15; Matthew 4:8-11
Session 5	Recovering from a Fall into Temptation // Psalm 32:1-7
Session 6	The Strength to Stand Against Temptation // Ephesians 6:10-18

Summer Schedule:

Part 4: How to Disciple Others through Holy Living: See examples of mentoring in the lives of many people recorded in Scripture. Plus, examine how Scripture speaks clearly to our holiness and shows us what being set apart looks like.

Course Materials and Required Text

- Scripture reading will be assigned each week for home study and personal reflection.
- Lesson handouts will be distributed during class.